

# CURRICULUM.

## HEART MAP

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### Prompt

What would a map of your heart look like?

### Warm-up Exercises

Share examples from previous heart map sessions and images of interesting maps—historical contemporary, imaginary. Participants select one of several anatomical heart images (provided), and trace/transfer it onto a piece of watercolor paper. While working on their tracings, participants are prompted to discuss what they might include in their maps.

Optional:

*Map keys:* discuss the use of symbols in historical maps, and keys that explain their meaning

*Sketches:* participants create quick sketches (timed) of elements they might include in their maps, using categories such as places, things, people, non-human beings, and qualities

*Story-telling:* encourage participants to develop a story about their map, which could include spoken word, sound, or musical elements

### Response

Participants paint and photograph a watercolor map of their heart, sharing a digitally recorded story of the map at the end of the session. Pending review and permission, the maps and stories will be posted to the Bubbler website.

### Materials

Map examples and/or projection equipment, template drawings of anatomical hearts, watercolor paper/paints/brushes, plastic tubs for water, plastic lids for paint palettes, tracing paper, pencils, erasers, 8.5 x 11 standard white paper for warm-up drawings, digital or iPad camera (tripod optional but desirable), audio recorder.